

Authorization for Release of Protected Health Information

Patient Name : Markous A Kitchens		Date of Birth:
Phone:		
I request that my protected health Recipient Name: <u>Dr. Markous Kilch</u>	information (PHI) be 🗹 disclosed to 🗌 dens_	obtained from: 📝 Disclosure to patient
Address: 625 Hampton Way Apt 2	City: Richmond	State: KY Zip: 40475
E-mail Address:_	Phone:	
Fax: (healthcare provider only):		
I authorize the following PHI to be	released from my medical record(s):	
☑ All Records Pertinent to Continu	iing Primary Care covering the period of hea	
	or humon immunodeficiency virus (HIV). It r	(Please use specific dates) ion related to sexually transmitted diseose, acquired nay also include informotion obout behavioral or mental
☑ ONLY White House Clinics recor☑ Records Regarding Treatment of☑ All Pharmacy Records	specify)	pecify)_See other
		provedby:
Purpose for Requesting Informatio	n: □Legal □Insurance 📭 Personal □ C	ontinuation of Care
Disclosure Format (Paper is default Paper (within 10 days)		days) Patient Portal Other (please specify):
By signing this authorization form,	I confirm I have been made aware of the ri	ghts and conditions listed on the back of this form:
Patient or Authorized Representativ	ye Signature D	Date
Markous A Kitchens		
Print Name	Relationshi	p to Patient (if other than self)
Witness Signature (Verified by)	Witness Sig	nature Date
Richmond Location: Berea Location: Berea Primary Care Location: McKee Location: Irvine Location: Mt. Vernon Location: Paint Lick Location: Lancaster Location:	401 Highland Park Drive, Richmond, Kentucky 40- 104 Legacy Drive, Berea, Kentucky 40403 305 Estill Street, Berea, Kentucky 40403 1010 Main Street South, McKee, Kentucky 40447 30 Stacy Lane Road, Irvine, Kentucky 40336 116 Progress Drive, Mt. Vernon, Kentucky 40456 480 Main Street, Paint Lick, Kentucky 40461 89 Farra Drive, Lancaster, Kentucky 40444	Phone: (859) 986-2323 Fax: (859) 986-7728 Phone: (859) 985-1415 Fax:

*This is a 2-sided form

MR7666009

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White House Clinics 1010 Main Street South

Mc Kee, KY 404477089

Patient: Markous Kitchens

Date of Birth:

Report Date: 01/31/2023 Address: 238 Marcell

238 Marcelus Dr APT 2

Berea, KY 40403

Immunization Allergies

Aliergy	Status
Egg Allergy	No
Neomycin Allergy	No
Latex Allergy	No
Gelatin Allergy	No

Immunizations:

Vaccine Group	Dose	Vaccine Status	Date Administered	Vaccine Name	Vaccine Brand
DTaP	1	Administered	03/16/1992	DTaP	
DTaP	2	Administered	05/26/1992	DTaP	
DTaP	3	Administered	07/28/1992	DTaP	
DTaP	4	Administered	05/26/1993	DТаР	
DTaP	5	Administered	02/28/1996	DTaP	
Hep A	6	Administered	04/01/2013	hep A (ped/adol, 2 dose)	
Нер В	7	Administered	11/17/1992	hep B (ped/adol, 3 dose)	
Hep B	8	Administered	12/16/1992	hep B (ped/adol, 3 dose)	
Нер В	9	Administered	03/18/1994	hep B (ped/adol, 3 dose)	
HIB	10	Administered	03/16/1992	HIB - unspecified	
HIB	11	Administered	05/26/1992	HIB - unspecified	
нів	12	Administered	07/28/1992	HIB - unspecified	
HIB	13	Administered	05/26/1993	HIB - unspecified	
Meningococcal	14	Administered	04/07/2009	MCV4	
MMR	15	Administered	05/26/1993	MMR	
MMR	16	Administered	02/28/1996	MMR	
Polio	17	Administered	03/16/1992	OPV	
Polio	18	Administered	05/26/1992	OPV	
Polio	19	Administered	05/26/1993	OPV	
Polio	20	Administered	02/28/1996	OPV	
Polio	21	Administered	04/01/2013	polio, inactivated (IPV)	
Tdap	22	Administered	04/07/2009	Tdap (Adacel)	
Typhoid	23	Administered	06/01/2012	Typhoid, parenteral	
Yellow fever	24	Administered	04/01/2013	Yellow fever	



Markeus Kitchens Patient:

Date of Birth:

01/31/2023 1:06 PM Date:

Present for: Chart Update

Active Medications

Medications prescribed prior to this visit Medication RX elsewhere Directions

take 2 capsule by oral route after 1st loose stool, loperamide 2 mg capsule Υ

followed by 1 capsule after each subsequent loose

stool not to exceed 16 mg/day

Y take 1 tablet by oral route every 6 hours for 2 ondansetron 4 mg disintegrating tablet

days and place on top of the tongue where it will

dissolve, then swallow



PATIENT: Markeus Kitchens

DATE OF BIRTH:

DATE: 05/25/2018 04:18 PM

HISTORIAN: self

VISIT TYPE: Office Visit

PROVIDER: Vicki Hackman, MD

This 26 year old male presents for discuss service dog.

History of Present Illness:

 discuss service dog back from Poland 5/11/2018
 GGM passed so back a little early; going back in the fall; moving to chicago

had vomiting and diarrhea and seen in ER SJB; 6 episodes of vomiting; given IV fluids was Wednesday; completely back to himself; got to get more rest;

says his stress level has always been bad getting ready to move to norther illinois; dogs he has Brandy is emotional service animal Lexie is certified 11/15/2018 neither could go to Poland due to travel;

stayed here with his wife; now they are moving; ;

has paperwork

stress level always peaks; and making himself sick was seeing colleen when he was in college here; not taking any antidepressants says he should still be on adderall; I sent him to lexington for evaluation; has not been on it for awhile taking some OTC medication bid that is to help with concentration;

has appt tuesday with cardiologists;

Kitchens, Markeus Z. 000000056088 05/25/2018 04:18 PM 1/4

had been having palpitations and wore a holter

SOCIAL HISTORY (Detailed)

Tobacco use reviewed.

Preferred language is *English.

EDUCATION/EMPLOYMENT/OCCUPATION

Employment

History

Status

Retired

Restrictions

Store manager 1 y

MARITAL STATUS/FAMILY/SOCIAL SUPPORT

Currently single.

ALCOHOL

There is no history of alcohol use.

TOBAÇCO

Smoking status: Never smoker.

Use Status Type

Smoking Status

Usage Per Day Years Used

Total Pack Years

no/never

Never smoker

Allergies

No known allergies.

Ingredient

Reaction

Medication Name Comment

NO KNOWN **ALLERGIES**

Reviewed, no changes.

VITAL SIGNS

HEIGHT

Time ft

4:38 PM 5.0

ĬΠ

cm

Last Measured

Height Position

11.00

180.34

05/25/2018

0

WEIGHT/BSA/BMI

Time

4:38 PM

lb 140.20 οz

kg 63.594 Context dressed with Weight % BMI kg/m2 BMI %

BSA m2

19.55

Ó

shoes

BLOOD PRESSURE

Time

BP mm/Hg

Position sitting

Side right

oral

Site arm Method manual

Cuff Size

Resp/min

adult

18

TEMPERATURE/PULSE/RESPIRATION

Time 4:38 PM

4:38 PM

Temp F 97.80

118/82

Temp C 36.56

Temp Site

Pulse/min

Pattern

Kitchens, Markcus Z. 000000056088

05/25/2018 04:18 PM 2/4

75

MK000013

PULSE OXIMETRY/FIO2

Finger Probe Pulse Ox Pulse Ox O2 Sat O2 L/Min Timing FiO2 L/min Delivery Time

> % Method (Rest %) (Amb %)

99 4:38 PM

MEASURED BY

Measured by Time Hazel Bray, CMA 4:38 PM

Physical Exam

Exam Findings Details

Comments tall thin in NAD General Exam

Psychiatric Normal Orientation - Oriented to time, place, person & situation. Appropriate

mood and affect.

Completed Orders (this encounter)

Order Details Reason Side Interpretation Result Initial Region

Treatment

Date

Mild 7 PHQ-9

depression completed

Assessment/Plan

1.

Assessment

Description Detail Type Attention-deficit hyperactivity disorder, unspecified type (F90.9)

Referrals: Mental Health Counselor. Evaluate and treat. Plan Orders

2. Assessment Anxiety (F41.9).

3. Other Orders Orders not associated to today's assessments.

Plan Orders The patient had the following procedure(s) completed today PHQ-9 completed...

Status	Ordered	Order	Timeframe	actComments
ordered	05/25/2018	Referrals: Mental Health Counselor. Evaluate		please evaulate and give
		and treat		opinon about the need for
				emotional service dogs;

Medications (Added, Continued or Stopped this visit)

Started	Medication	Directions	Instruction	Stopped
	loperamide 2 mg capsule	take 2 capsule by oral route after 1st loose stool, followed by 1 capsule after each subsequent loose stool not to exceed 16 mg/day		
	ondansetron 4 mg disintegrating tablet	take 1 tablet by oral route every 6 hours for 2 days and place on top of the tongue where it will dissolve, then		

Kitchens, Markcus Z. 000000056088

05/25/2018 04:18 PM 3/4

Provider: Vicki Hackman MD 05/25/2018 05:05 PM via l. Hacreman MD.

Document generated by: Vicki Hackman 05/25/2018 05:05 PM

Electronically signed by Vicki Hackman MD on 05/27/2018 12:11 PM



PATIENT: Markcus Kitchens

DATE OF BIRTH.

DATE: 07/26/2017 09:21 AM

HISTORIAN: self

VISIT TYPE: Office Visit

PROVIDER: Vicki Hackman, MD

This 25 year old male presents for med refill.

History of Present Illness:

1. med refill

last seen 2/2016;

finished 1st year of med school; working with daniel lee in richond and leaves in september to go back; has 1 more year there at basic science and 2 y of clinical;

on adderal since 2014;

says he was focusing better on adderall;

Allergies

No known allergies.

Ingredient Reaction Medication Name Comment

NO KNOWN ALLERGIES

Reviewed, no changes.

VITAL SIGNS

Time	BP	Pulse	Resp	Temp	Ht ft	Ht in Ht	Wt lb	Wt oz	Wt kg	Weight	: BMI	BMI	BSA	02	
	mm/Hg	/min	/min	F		cm				%	kg/m2	%	m2	Sat%	
9:30 AM	100/62	73	18	97.50	5.0	11.00 180.3	140.00		63.503		19.53	0		98	

4

MEASURED BY

Time Measured by 9:30 AM Hazel Bray, CMA

Kitchens, Markcus Z. 000000056088 07/26/2017 09:21 AM 1/3

Phys	sical Exam						
Exam		Findings	Details				
Psycl	niatric	Normal	Orientation - Oriented to time, place, person & situation. Appropriate mood and affect.				
Asse	ssment/Plan						
#	Detail Type	Description					
1.	Assessment Provider Plan	is asking me to very poland does not letter, he could go specialist for evaluation to happy with the special s	Attention and concentration deficit (R41.840). is asking me to write an rx for adderall; he is leaving for poland in september; He says poland does not prescribe adderall for ADHD but was told if he had an MD here to write a letter, he could get it there. I told him I could not do that but I could refer him to a specialist for evaluation and get their opinion about him needing the medication. He was not happy with this; says he was seeing colleen and then Dr David was writing his rx and his brought in a bottle dated 2016 as last rx.				
	Plan Orders	Referrals: Psychia	atry. Evaluate and treat.				

Status	Ordered	Order	Timeframe	actComments
ordered	07/26/2017	Referrals: Psychiatry. Evaluate and treat		needs evaluated for ADHD; is
				going overseas in september
				and has been on adderall in
				past; please evaluate; needs
				recommendations and
				treatment

Provider: Vicki Hackman MD 07/26/2017 10:00 AM

Nova & Hackman MD.

Document generated by: Vicki Hackman 07/26/2017 10:00 AM

Kitchens, Markcus Z. 000000056088 07/26/2017 09:21 AM 2/3

Electronically signed by Vicki Hackman MD on 07/26/2017 12:59 PM					



PATIENT: Markcus Kitchens

DATE OF BIRTH:

DATE:

02/15/2016 09:24 AM

HISTORIAN: self

VISIT TYPE: Office Visit

PROVIDER: Vicki Hackman, MD

This 24 year old male presents for School PE and ROS.

History of Present Illness:

1. School PE

sayshe is here for medical school physical; was here 2014 for same thing with colleen ambrose

going to Hope Medial, going to study abroad Medical school in Poland lives in berea; finished college 2014.

reviewed forms with patinet; recently had PPD but not in the past; always negative PPD: 2, ROS

PAST MEDICAL/SURGICAL HISTORY (Detailed)

Disease/disorder Onset Date Management Date CommentsADD

wisdom teeth removal

Family History (Detailed)

Patient reports there is no relevant family history.

SOCIAL HISTORY (Detailed)

Tobacco use reviewed.

Preferred language is *English.

Kîtchens, Markcus Z. 000000056088

02/15/2016 09:24 AM 1/4

Cosse: 2:222:0:033301) FIMM Document 7:2:51 Fife te 0:2/6/2/2/3 Page 2:20 fo 2:8 EDUCATION / EMPLOYMENT/OCCUPATION

The patient has a(n) college education.

Employment History Status Retired Restrictions

Store manager 1 y

MARITAL STATUS/FAMILY/SOCIAL SUPPORT

Currently single.

ALCOHOL

There is no history of alcohol use.

Social History:

Tobacco use reviewed.

Reviewed, no changes. Last detailed document date: 02/15/2016.

Allergies

No known allergies.

Ingredient Reaction Medication Name Comment

NO KNOWN ALLERGIES

Reviewed, no changes.

VITAL SIGNS

Time	BP	Pulse	Resp	Temp	Ht ft	Ht in	Ht cm	Wt lb	Wt kg	Weight	BMI	BMI	BSA	02
	mm/Hg	/min	/min	F						%	kg/m2	%	m2	Sat%
9:29 AM	96/54	66	12	97.70	5.0	11.00	180.34	139.00	63.049		19.39	0		98

Source Oxygen O2 Ambient Measured

RA

MEASURED BY

Time Measured by 9:29 AM Linda Mills, CMA

D . I		_
Phi	/sical	Exam
	JUCUI	EXALL

Exam	Findings	Details
Ears	*	Canal - Right: excess cerumen, Left: excess cerumen.
Ears	Normal	Inspection - Right: Normal, Left: Normal.
Nasopharynx	Normal	Lips/teeth/gums - Normal. Oropharynx - Normal.
Neck Exam	Normal	Inspection - Normal, Palpation - Normal, Thyroid gland - Normal,
Lymph Detail	Normal	No cervical or supraclavicular adenopathy.
Respiratory	Normal	Inspection - Normal. Auscultation - Normal. Effort - Normal.
Cardiovascular	Normal	Regular rate and rhythm. No murmurs, gallops, or rubs.
Abdomen	Normal	Inspection - Normal. Auscultation - Normal. No abdominal tenderness.
		No hepatic enlargement.
Musculoskeletal	Normal	Visual overview of all four extremities is normal.
Extremity	Normal	No edema.
Neurological	Normal	Memory - Normal. Cranial nerves - Cranial nerves through XII grossly
,		intact.
Psychiatric	Normal	Orientation - Oriented to time, place, person & situation. Appropriate
,		mood and affect. Normal insight. Normal judgment.

Immunizations

Immunizations reviewed this visit.

Assessment/Plan

W226	SSILIELLA LIGHT	
#	Detail Type	Description
1.	Assessment Plan Orders	Encounter for general adult medical examination without abnormal findings (Z00.00). CBC with Diff to be performed Today, CMP to be performed Today and SED rate, automated to be performed Today.
2.	Assessment Plan Orders	Screening for Hep C (Z11.59). Hep B Surface Ab, Qual (499) to be performed Today, Hep B Surface Ag to be performed Today and Hep C AB W/ Ref to Hep C Virus RNA, Quan, R-T PCR (914388) to be performed Today.
3.	Assessment Plan Orders	Screening for HIV (human immunodeficiency virus) (Z11.4). HIV Ab to be performed Today.
4,	Assessment Plan Orders	Encounter for screening for respiratory tuberculosis (Z11.1). Further diagnostic evaluations ordered today include(s) XRAY, CHEST (2 VIEWS) to be performed.

Piff Today Today
Today
mated Today
VIEWS)
Today
p C Virus RNA, Today

Case 2:22-2-4c-0-3330-11-11MM Documental 72-51 Filicite 0 2/6/2/2/3 Page 24 of 028.8 Quan, R-T PCR (914388)

ordered 02/15/2016 Hep B Surface Ab, Qual (499) Today ordered 02/15/2016 Hep B Surface Ag Today

Medications (Added, Continued or Stopped this visit)

StartedMedicationDirectionsInstructionStoppedAdderall 20 mgtake 1 tablet by oral route02/15/2016

tablet every day before breakfast

Provider: Vicki Hackman MD 02/15/2016 10:10 AM

Document generated by: Vicki Hackman 02/15/2016 10:10 AM

Electronically signed by Vicki Hackman MD on 02/15/2016 09:11 PM



PATIENT:

Markcus Kitchen

DATE OF BIRTH:

07/08/2014 1:07 PM

DATE: HISTORIAN:

self

VISIT TYPE:

Office Visit

PROVIDER:

Colleen Ambrose APRN

Chief Complaint

1. physical

History of Present Illness

This 22 year old male presents with:

1. physical

Mr. Kitchen presents today for a PE clearance to attend medical school. His PMH consists of ADD which is treated by meds, only surgery has been removal of his wisdom teeth.

He is otherwise healthy.

Past Medical/Surgical History

Condition

Year Procedure/Surgery

Year

ADD

wisdom teeth removal

Family History

Patient reports there is no relevant family history.

Social History

Primary language is *English.

Marital Status / Family / Social Support:

Currently single.

Tobacco:

Smoking status: Never smoker.

Use Status Total Pk Yrs Type

Per Day Years Used Pack Years Year Quit

never

Tried To Quit Longest Tob Free

Relapse Reason

Passive Exposure

Alcohol:

There is no history of alcohol use.

Social History

Reviewed, no changes. Last detailed document date: 07/08/2014.

Allergies

No known allergies. Reviewed, No changes.

MK000023

Case &: 22-2-x-0-333017-1171M Document 7 7-31 File to 02/0/2/23 Page & 1.6 fo 28.8

Review of Systems

Constitutional:

Negative for fever, night sweats, weight gain and weight loss.

HEENT

Negative for hearing loss and sore throat.

Negative for eye pain and vision changes.

Respiratory:

Negative for chronic cough, cough and known TB exposure.

Cardiovascular:

Negative for chest pain and edema.

Gastrointestinal:

Negative for abdominal pain, blood in stool, change in stool pattern, constipation, nausea and vomiting

Genitourinary:

Negative for dysuria.

Neuro/Psychiatric:

Negative for anxiety and depression.

Negative for extremity weakness, memory impairment, numbness in extremities and seizures.

Musculoskeletal:

Negative for back pain, joint pain and muscle weakness.

Hematology:

Negative for easy bleeding.

Immunology:

Positive for:

- Seasonal allergies.

Vital Signs

Ht Ft	<u>Ht In</u>	Wt Lb	Wt Oz	<u>Wt Kg</u>	BMI kg/m2	<u>BMI%</u>
5.0	11.00	135.00		61.235	18.83	

BP mm/Hg Pulse/min Resp/min Temp F Head Circ In 98.8

Pulse Ox Rest % Pulse Ox Amb % O2 LPM BSA m2

Measured By

Time

1:14 PM Regina Cox, CMA

Physical Exam

Constitutional:

Well developed.

Eyes:

Right

PERRLA.

<u>Left</u>

PERRLA.

Ears:

Right

Normal tympanic membrane. Hearing grossly intact.

Left

Normal tympanic membrane. Hearing grossly intact.

Nose / Mouth / Throat:

External Nose: is unremarkable

<u>Lips/Teeth/Gums:</u> Normal teeth and gums <u>Tonsils:</u> No tonsillar hypertrophy or exudates

Oropharynx: No pharyngeal erythema or exudates or mucosal lesion

Neck / Thyroid:

No thyromegaly or thyroid nodules detected.

Respiratory:

Lungs clear to auscultation.

Cardiovascular:

Extra Sounds: None.

Rate and Rhythm: Heart rate is regular. Rhythm is regular.

No edema is present.

Vascular:

Pulses

Dorsalis pedis pulses: normal. Capillary refill is: less than 2 seconds.

Varicosities are absent

Abdomen:

There is no abdominal tenderness.

No hepatic enlargement.

No splenic enlargement.

Integumentary:

No impressive skin lesions present.

Musculoskeletal:

Normal range of motion, muscle strength, and stability in all extremities with no pain on inspection

Extremities:

Dorsalis pedis pulses: normal.

Monofilament exam is normal.

No edema is present.

No ulceration present.

No cyanosis.

No calf tenderness. Varicosities are absent

Toenails: Normal. Neurological:

Memory: Intact.

<u>Cranial nerves</u>: grossly intact <u>Sensory</u>: No sensory loss.

Deep Tendon Reflexes: DTR's preserved and symmetric.

Psychiatric:

The patient is oriented to time, place, person, and situation.

The patient demonstrates the appropriate mood and affect.

Assessment/ Plan

Well adult exam (V70.0)

Comments:

Advise him to get PPD placed as we cannot find one. He can contact his school and see if they need one. He has a negative TB risk assessment...He will call his school to see if they need a TB skin test

ADD (attention deficit disorder) (314.00)

advised he will have to find a local provider to treat his ADD there.

Medications (added, continued or stopped this visit)

Continued:

Prescribed Elsewhere:

Medication Name Adderall 20 mg tablet

<u>Reason</u>

take 1 tablet by oral route every day before breakfast

Provider: Colleen Ambrose APRN 07/09/2014 2:21 PM

Document generated by: Colleen Ambrose 07/09/2014 2:21 PM

305 Estill Street Berea, KY 404031742 (859)985-1415

Electronically signed by Colleen Ambrose APRN on 07/10/2014 11:10 AM